

# The **Great** Widnes Foodbank **Harvest appeal** 2018

Support your local foodbank with food and funds this Harvest

## **DONATE FOOD**

Help feed people in need as the nights draw in. We rely on generous public donations to feed our neighbours.



## **DONATE FUNDS**

Financial donations help our foodbank with overheads and maintenance costs, and provide services for clients.



## **SHOPPING LIST** OUR TOP TEN ITEMS

- Breakfast cereal
- Long-life milk & juice
- Tinned potatoes
- Tinned meat
- Tinned fish
- Custard
- Tinned fruit
- Tinned tomatoes
- Instant mash
- Jars of jam

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REGISTERED CHARITY NUMBER 1155130 | REGISTERED IN ENGLAND & WALES

